5 golden tips for a better fry

- 1. Skim oil surface regularly.
- 2. Filter your oil daily.
- 3. Use correct food to oil ratio of 1:6.
- 4. Don't salt over food prior to frying.
- 5. Turn fryer down to 90°C 120°C when not in use.

Experienced greasy food?

Possible causes:

- Frying temperature too low.
- · Oil has reached end of its fry life.

Possible solutions:

- Fry at recommended temperature.
- It's time to change your oil.
- Change to a premium oil that has a high smoke point.

Possible effects:

• Oil can no longer effectively seal food.





For further advice or technical support contact: **Peerless Foods on 1800 986 499 or go to www.peerlessfoods.com.au**



Know when to change your oil. Is your oil...

foaming?

Possible causes:

- Excess starch in oil from chips.
- Fruing at too high a temperature.
- · High moisture content of food.
- Overloading of fruer.
- · Soap or detergent may have been left behind after cleaning.
- · Breakdown of oil.

Possible effects:

Small white bubbles will continue during fruing.

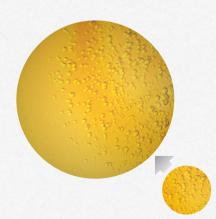
darker?

Possible causes:

- Fruing at too high a temperature.
- · Crumbs burning in fruer.
- · Insufficient oil turnover.
- · Salty Food.
- · High sugar content in foods.
- · Contamination by other chemicals.

Possible effects:

- · Food may appear to be cooked but will be uncooked in the centre.
- · Discoloured / dark coloured food.
- · Unpleasant burnt tasting food.





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Possible causes:

- Oil has reached end of its frying life.
- Fruing at too high a temperature.
- · High moisture content of food.
- Insufficient oil turnover.
- · Crumbs burning in vat.
- · Use of unrefined oils.

Possible effects:

- · Discoloured / dark coloured food.
- Unpleasant burnt tasting food.



